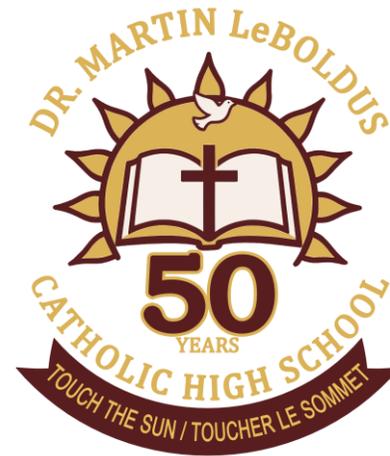


# Dr. Martin LeBoldus Catholic High School

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École secondaire catholique  
Dr. Martin LeBoldus



# LAND ACKNOWLEDGEMENT

I / we wish to acknowledge that we are on Treaty 4 territory, traditional lands of the nêhiyawak, Nahkawé, Nakota, and homeland of the Métis, Lakota, and Dakota.

Je tiens/nous tenons à reconnaître que nous vivons sur le territoire du Traité No. 4, la terre traditionnelle des nêhiyawak, Nahkawé, Nakota et patrie des Métis, des Lakota et des Dakota.





“O CANADA”

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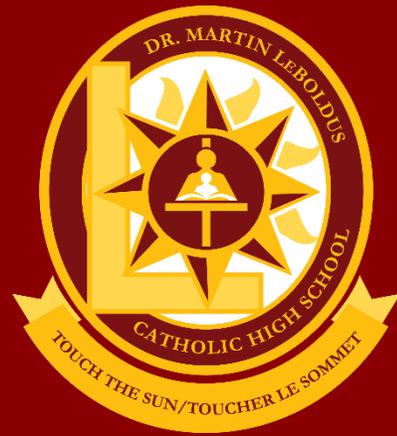




**OPENING PRAYER:  
MS. BARB  
PAPANDREOU**



**WELCOME TO  
LeBOLDUS!**



**JEDIDIAH GARPA  
(SRC VICE PRESIDENT)**

**TOBI ADEKEYE  
(SRC INTRAMURAL COORDINATOR)**





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# **ADMINISTRATIVE GREETINGS AND COMMUNICATION**

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**MR. LAWRENCE BIEGLER  
PRINCIPAL**



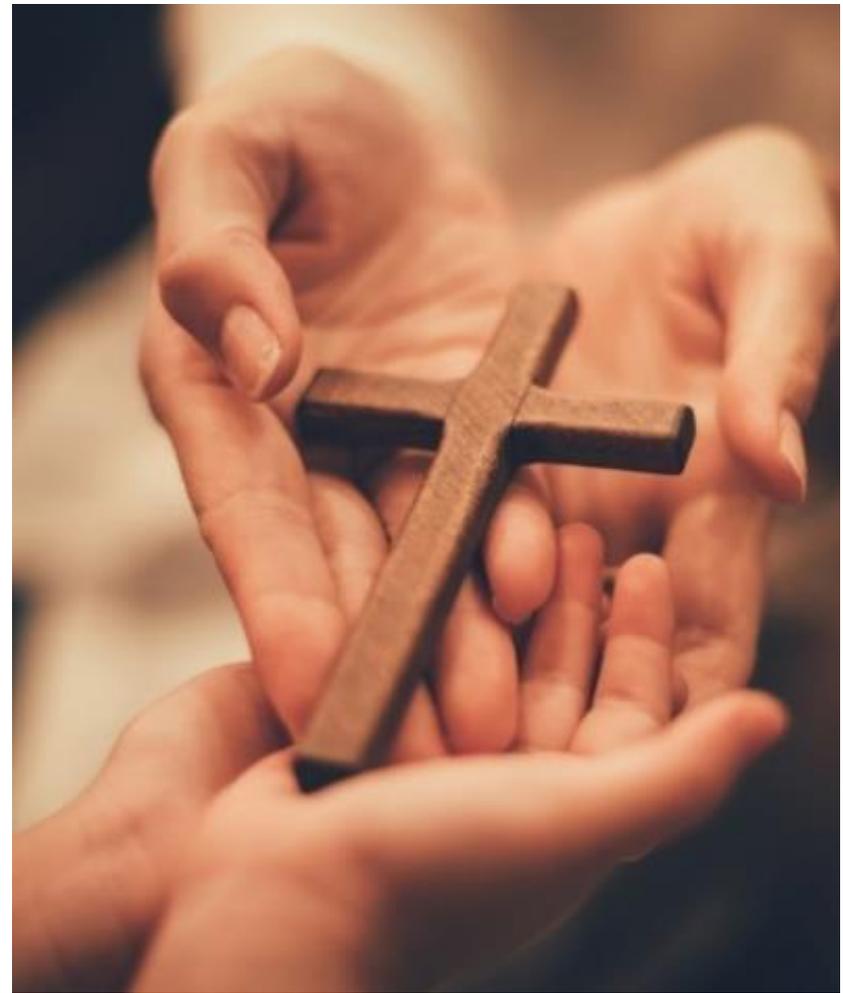


**“Touch the Sun” /  
“Toucher le Sommet”**

**The Graduating  
Class of 2030**

**You are our future  
Golden Suns!**





**We are committed to working with our students as they continue to develop:**

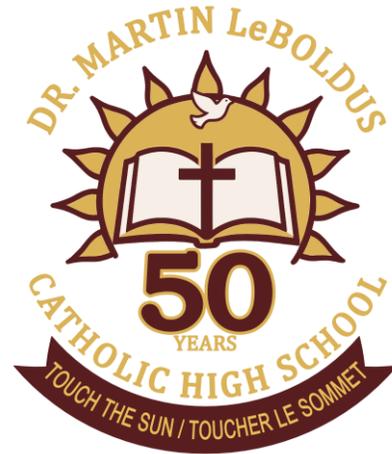
- **Academically/intellectually**
- **Emotionally/socially**
- **Spiritually**





# Dr. Martin LeBoldus Catholic High School

- Celebrated 50 years of Catholic Education on Feb. 1, 2026
- Faith Focus
- Dual Track School
- High Academic Success
- Dedicated and caring staff
- Learning for All
  - English & French class
  - AP Course offerings
  - Modified Class
  - On-Line offerings
  - Golden Ticket
  - LRT
  - EAL Support



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# **ADMINISTRATIVE GREETINGS AND COMMUNICATION**

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**MR. TREVOR TROY  
VICE-PRINCIPAL**



# General Information- School Website

drmartinleboldus.rcsd.ca

The screenshot shows the website's header with the school logo and name, a phone number, and social media icons. A yellow navigation bar contains menu items: ABOUT, SCHOOL LIFE, STUDENTS, PARENTS, STUDENT SERVICES, MHCB, and REGISTER. The main content area features a large red banner for the 'CLASS OF 2030' Parent's Information Meeting, including the date and time. To the right, a yellow sidebar promotes 'Parent's Information Night' for Grade 8 parents with a 'LEARN MORE' button.

**Dr. Martin LeBoldus  
Catholic High School**

306-791-7250

ABOUT ▾ SCHOOL LIFE ▾ STUDENTS ▾ PARENTS ▾ STUDENT SERVICES ▾ MHCB ▾ REGISTER

**CLASS OF 2030**  
Parent's Information Meeting  
Tuesday, February 10th  
LeBoldus Theater  
7:00 pm

**Parent's Information Night**  
For Grade 8 Parents interested in coming to LeBoldus

**LEARN MORE**

# Bell Schedule

## Bell Schedule

Band/Choral	7:45 - 8:45 AM
Period 1	8:45 - 9:49 AM
Period 2	9:54 - 10:58 AM
Break	10:58 - 11:09 AM
Period 3	11:09 AM - 12:13 PM
Lunch	12:13 - 1:07 PM
Period 4	1:07 - 2:11 PM
Period 5	2:16 - 3:20 PM

# Supports for Students

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## Guidance Counselors

LEBOLDUS HAS GUIDANCE COUNSELORS AVAILABLE TO ASSIST STUDENTS WITH PERSONAL ISSUES, COURSE SELECTIONS, CAREER CHOICES, POST-SECONDARY OPTIONS, AS WELL AS INFORMATION ABOUT ADDITIONAL COMMUNITY SUPPORT SERVICES.

## STUDENT SUPPORT SERVICES TEACHER (SSST)

THE SSST ASSISTS STUDENTS WHO REQUIRE ACADEMIC SUPPORT AND REMEDIATION. DAILY, SCHEDULED TUTORIALS PROVIDE STUDENTS WITH AN OPPORTUNITY TO FOCUS ON ACADEMICS, ORGANIZATIONAL SKILLS, AND STUDY SKILLS. SSST ACT AS A LIAISON BETWEEN STUDENTS, TEACHERS, AND PARENTS. IN ADDITION, THEY COORDINATE AND COMMUNICATE ACADEMIC ADAPTATIONS (ROAS) THAT STUDENTS MAY REQUIRE TO BE SUCCESSFUL.

## SCHOOL SUPPORT SPECIALIST (SSS)

THE SCHOOL SUPPORT SPECIALIST IS A LIAISON BETWEEN THE SCHOOL, STUDENTS' HOMES, AND THE COMMUNITY TO PROMOTE OPTIMAL SOCIAL - EMOTIONAL WELLNESS AND SUCCESS FOR STUDENTS. SPECIAL FOCUS IS GIVEN TO PROMOTE SUCCESSFUL TRANSITION FROM GRADE 8 TO GRADE 9.



# Supports for Students

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## Family Support Coordinator (FSC)

THE FAMILY SUPPORT COORDINATOR FOCUSES ON STUDENTS WHO REQUIRE INTENSIVE SUPPORT AND ARE NOT CONNECTED TO OUTSIDE AGENCIES FOR INDIVIDUAL SERVICE. THE FSC SUPPORTS STUDENTS STRUGGLING WITH MENTAL HEALTH, FAMILY DYNAMICS, HEALTH AND WELL-BEING, TRAUMA, BEHAVIOR (SUCH AS ANGER MANAGEMENT) AND STRESSORS. THE FSC WILL WORK WITH STUDENTS AND FAMILIES FOR 12-18 MONTHS; AFTER WHICH THEY WILL BE REASSESSED AND POSSIBLY REFERRED TO OUTSIDE AGENCIES. STUDENTS ARE REFERRED THROUGH THE VICE-PRINCIPAL OR STUDENT SERVICES.

## Indigenous High School Advisor

THE INDIGENOUS HIGH SCHOOL ADVISOR BUILDS RELATIONSHIPS WITH INDIGENOUS STUDENTS AND FAMILIES AND SUPPORTS TRANSITIONS FROM ELEMENTARY TO HIGH SCHOOL TO POST-SECONDARY/CAREERS. THE ADVISOR FACILITATES CULTURAL ENGAGEMENT ACTIVITIES THAT ARE DESIGNED TO CREATE BELONGING FOR INDIGENOUS STUDENTS, UNDERSTANDING FOR NON-INDIGENOUS STUDENTS, AND TO SUPPORT TRUTH AND RECONCILIATION CALLS TO ACTION.



# Supports for Students

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## STUDENT SUPPORT TEAM (SST)

THIS SCHOOL-BASED TEAM CONSISTS OF OUR ADMINISTRATION, GUIDANCE COUNSELLORS, SCHOOL SUPPORT SPECIALIST, INDIGENOUS ADVISOR AND SSST. THEY MEET ON A WEEKLY BASIS TO ADDRESS CONCERNS REGARDING STUDENTS' NEEDS - BEHAVIOURAL, ACADEMIC, SOCIAL, AND EMOTIONAL. STUDENTS ARE CLOSELY MONITORED FOR THEIR ATTENDANCE, ACADEMICS, AND BEHAVIOR.

## ENGLISH AS AN ADDITIONAL LANGUAGE PROGRAM (EAL)

THIS PROGRAM SUPPORTS STUDENTS FROM NON-ENGLISH SPEAKING COUNTRIES IN DEVELOPING THEIR READING, WRITING, AND SPEAKING SKILLS. STUDENTS REQUIRING EAL SUPPORT MAY BE SCHEDULED IN A NON-CREDIT EAL GR. 9 CLASS OR ANY OF THE CREDITED EAL CLASSES AT THE GRADE 10 OR 11 LEVEL.

## SETTLEMENT WORKER IN SCHOOL (SWIS)

A SWIS WORKER CAN HELP NEWCOMER CHILDREN AND THEIR FAMILIES HAVE A MEANINGFUL SCHOOL EXPERIENCE. SETTLEMENT WORKERS IN SCHOOLS PROVIDED SERVICES IN ALL REGINA ELEMENTARY AND HIGH SCHOOLS IN THE PUBLIC, CATHOLIC AND FRENCH SCHOOL DIVISIONS.



# Supports for Students

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## STUDY HALL

A BI-WEEKLY ACADEMIC SUPPORT OPPORTUNITY RAN BY TEACHERS VOLUNTEERING TIME AFTER SCHOOL. STUDENTS WORK IN THE LIBRARY UNDER THE SUPERVISION OF THESE TEACHERS.

## PEER TUTORING

THE GOAL OF THE PEER TUTORING PROGRAM IS TO PROVIDE STUDENTS WITH ASSISTANCE TO IMPROVE THEIR UNDERSTANDING IN SPECIFIC ACADEMIC SUBJECTS. STUDENTS, PARENTS, OR TEACHERS CAN REQUEST PEER TUTORING FOR A STUDENT. STUDENTS AND TUTORS MEET AT MUTUALLY CONVENIENT TIMES.

## HIGH SCHOOL SURVIVAL 101

HIGH SCHOOL SURVIVAL 101 (MHCBS PROGRAM) IS A SUPPORT FOR STUDENTS TRANSITIONING INTO GRADE 9. THERE WILL BE A HALF-DAY OPPORTUNITY FOR STUDENTS TO COME TO THE SCHOOL IN AUGUST. SESSIONS ARE LED BY STUDENTS AND SUPPORTED BY STAFF. WATCH FOR INFORMATION BEING EMAILED IN MAY.



## Of Note ...

# Attendance, Devices, and Behaviour

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## RCSD Attendance Practice

- 15 absences (excused and unexcused combined) may result in a student being removed from that particular class. Exemptions for absences are possible.

## Electronic Devices

- Per provincial policy, cell phones and other electronics are "parked" upon entering classrooms and not accessed during class unless permitted by teacher to support academic pursuits.

## Vaping/Smoking/Tobacco/Nicotine Pouches

- Not to be used while on school property



# COMMUNICATIONS

## GET CONNECTED AND STAY CONNECTED!

- **EDSBY**
- **Website:** [drmartinleboldus.rcsd.ca](http://drmartinleboldus.rcsd.ca)
- **Social Media:**
  - **Twitter:** @LeBoldusHS
  - **Facebook:** @leboldusHS
  - **Instagram:** @LeBoldusHS





# EDSBY



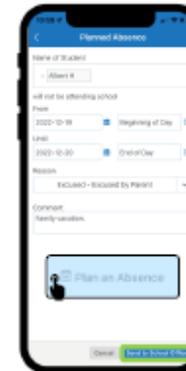
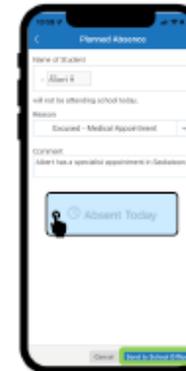
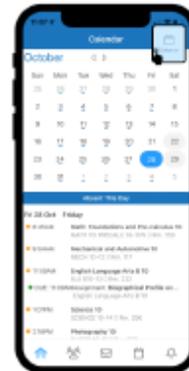
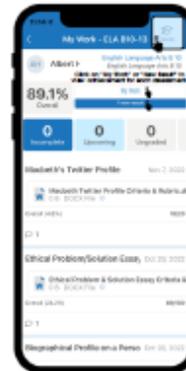
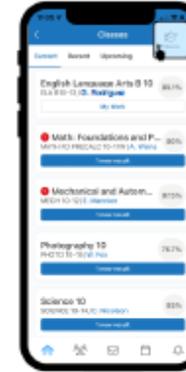
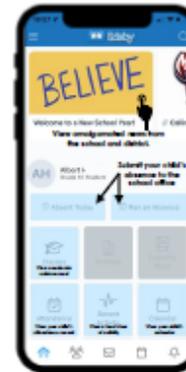
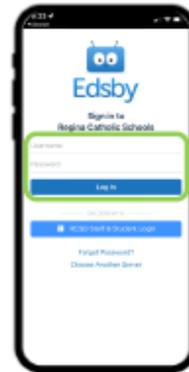
## EDSBY APP FOR PARENTS

Search "Edsby" in your preferred app store and install on your phone/tablet and follow the steps below.



Download in de  
App Store

GET IT ON  
Google Play



# Bussing

Visit the City of Regina Website

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The city provides special routes which serve Dr. Martin LeBoldus Catholic High School (Special #1 and #3). These routes extend to the extreme eastern boundaries of the city.

See [www.regina.ca](http://www.regina.ca) under Transit Services for more information.



# **Meet Our Guidance Counsellors:**

**Ms. Endicott**

**Mrs. Hanson**

**Mrs. Gavin**



# Grade 9 Registration Form: English Program

Choose 1 of the 2  
options for ELA:

Choose 1 of the 2  
options for Math:

Choose 1 of the 3  
elective options :

## ENGLISH PROGRAM

My Program

All Grade 9 students must take:

- English Language Arts 9 (both semesters) or
- English Language Arts 9 Learning Resource (both semesters)

**\*\*see Additional Information section below**

- Math 9 (both semesters) or
- Math 9 Learning Resource (both semesters)

- Social Studies 9
- Science 9
- Arts Education 9
- Catholic Studies 9
- Phys. Ed./Health 9

**Elective Subjects - Select one of these:**

- PAA Survey 9 (Food Studies/Industrial Arts/Robotics)
- EAL 9 (English as an Additional Language) (R)
- TUTORIAL – a daily scheduled period in one semester (in place of an elective) designed for students requiring intensive academic support. If considering a Tutorial period, first discuss with your child's Gr. 8 teacher. (R)

(R) – Restricted Entry

# Grade 9 Registration Form: French Immersion Program

Choose 1 of the 2 options for ELA:

FRENCH IMMERSION PROGRAM  My Program

All Grade 9 students must take:

- English Language Arts 9 (both semesters)
- English Language Arts 9 Learning Resource (both semesters)

- Mathématiques 9 (both semesters)
- Sciences Sociales 9
- Sciences Naturelles 9
- Arts Education 9
- Études catholiques 9
- Français 9
- Phys. Ed./Health 9

TUTORIAL – a daily scheduled period in one semester (in place of Arts Education or Phys. Ed/Health) designed for students requiring intensive academic support. If considering a Tutorial period, first discuss with your child's Gr. 8 teacher. (R)

## Choral and/or Band

### ALL STUDENTS

All students may enrol in Choral and/or Band and audition for Vocal Jazz in addition to the other subjects they are taking.

- |   |   |
|---|---|
| <input type="checkbox"/> Choral 9 (both semesters) (twice/week)     | <input type="checkbox"/> Band 9 (both semesters) (twice/week)                           |
| <input type="checkbox"/> Vocal Jazz 9 (both semesters) (twice/week) | <input type="checkbox"/> Jazz Band 9 (Instrumental Jazz)<br>(both semesters)(once/week) |

#### \*\* Additional Information

Learning Resource ELA/Math – designed for students who currently require supports for Gr. 8 ELA/Math content. If considering LR ELA/Math, first discuss with your child's Gr. 8 teacher.

Has your student had support from a Learning Resource teacher in the past?  Yes  No

#### EAL (English as an Additional Language)

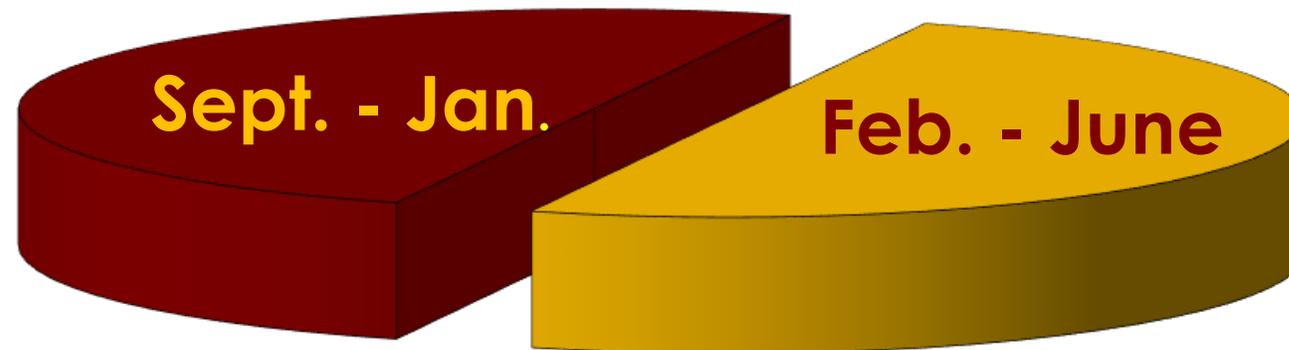
Has your student had the support of an English as an Additional Language teacher in the past?  
 Yes  No

Learning Resource

English As an Additional Language

# Semester System

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# Semester System English Track

## Sample Grade 9 English Schedule

		Semester 1 September - January	Semester 2 February - June
Early Bird (Optional)	7:45-8:45	Choral/Band	Choral/Band
Period 1	8:45-9:49	ELA A9	Social Studies 9
Period 2	9:54-10:58	Arts Education 9	ELA B9
Break 10:58-11:04			
Period 3	11:09-12:13	Science 9	PAA 9 (or EAL 9 or Tutorial)
Lunch 12:13-1:02			
Period 4	1:07-2:11	Phys. Ed./Health 9	Math B9
Period 5	2:16-3:20	Math A9	Catholic Studies 9

Each semester ends with a final assessment (CFD). The format for the assessment will vary depending on the subject.



# Semester System

## French Immersion Track



Each semester ends with a final assessment (CFD). The format for the assessment will vary depending on the subject.

Sample Grade 9 French Immersion Schedule

		Semester 1 September - January	Semester 2 February - June
Early Bird (Optional)	7:45-8:45	Choral/Band	Choral/Band
Period 1	8:45-9:49	ELA A9	Sciences humaines 9
Period 2	9:54-10:58	Arts Education 9	ELA B9
Break 10:58-11:04			
Period 3	11:09-12:13	Sciences 9	Français 9
Lunch 12:13-1:02			
Period 4	1:07-2:11	Phys. Ed./Health 9	Mathématiques B9
Period 5	2:16-3:20	Mathématiques A9	Études catholiques 9

# Registration

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1. LeBoldus Associate Schools (**St. Kateri, St. Matthew, Deshaye, St. Pius**): Forms should be returned to Grade 8 teachers by Friday, February 13, 2026 or Directly to LeBoldus (main office).

2. Other elementary schools:

- Please register on our website via Jot Form
- Visit our school website <https://drmartinleboldus.rcsd.ca/> for the registration link!



# Regina Catholic Schools: Learning Online

**FLEXIBLE  
SCHEDULES TO  
SUPPORT HIGH  
PERFORMANCE  
ACTIVITIES**





# Extra-Curricular Activities

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# Intercollegiate Sports

---

## Fall Sports:

**Golf**

**Cross-Country**

**Boys' Soccer**

**Girls' Soccer**

**Senior Boys' Volleyball**

**Senior Girls' Volleyball**

**Junior Boys' Volleyball**

**Junior Girls' Volleyball**

**Football**

## Winter/Spring Sports:

**Curling**

**Hockey**

**Junior Boys' Basketball**

**Junior Girls' Basketball**

**Senior Boys' Basketball**

**Senior Girls' Basketball**

**Badminton**

**Track & Field**





# Choral

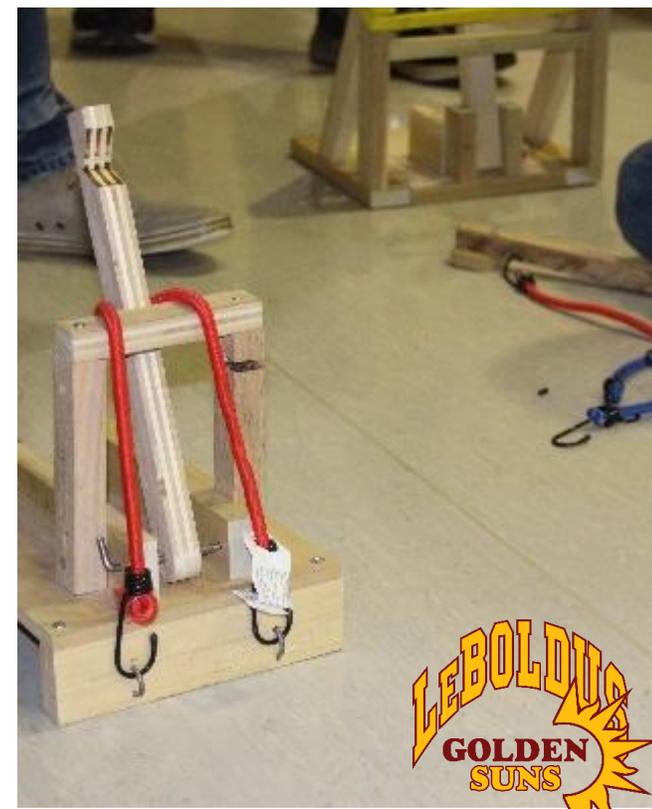
# Vocal Jazz

# Band

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# Fine Arts and Practical & Applied Arts



**Athletic Trainers**

**SADD**

**Liturgy Choir**

**Debate**

**Best Buddies**

**Dance Team**

**Debate**

**Environmental**

**Minga**

**SRC**

**Canteen**

**Chess Club**

**Drama, Improv**

**Book Club**

**Tech Crew**

**Score Keepers**

**Outdoor Ed**

**IA Club**

**Yearbook**

**St. Maria Faustina**

**Book Club**

**Robotics**

**Multi-Cultural**

**Swim**

**And many, many  
more....**

# **Clubs/Groups**







# RCSD HOCKEY ACADEMY



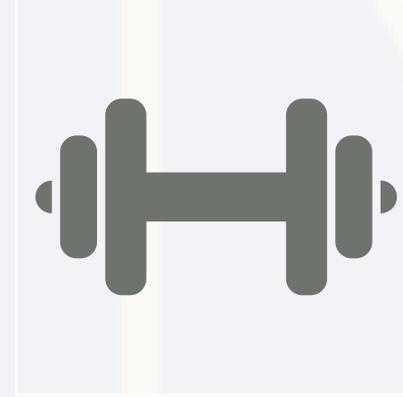
Offered both semesters for Gr 9-12



## 30 Ice Sessions First Semester

Professional Coaching

*Schultz Power Skating  
Elevated HD (PEP Training)  
Prairie Elite Goaltending  
PEAK 2.0 Staff  
U of R Cougars*



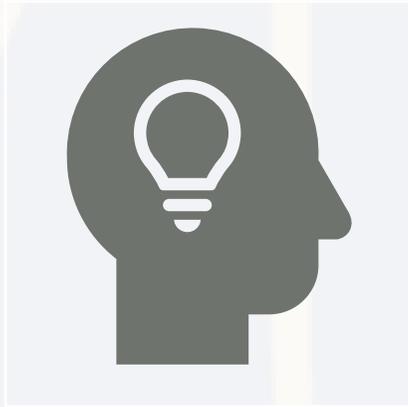
## Individualized Programming

Skill and Shot Analysis, Strength and Conditioning  
Programming, Recovery/Mobility/Plyometrics

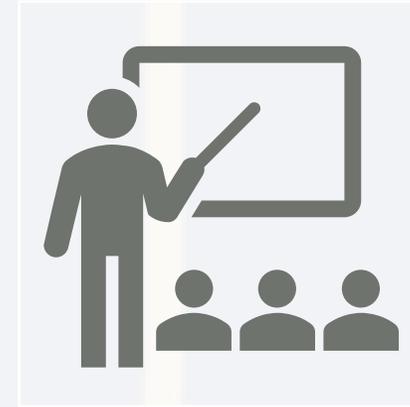
*PEAK 2.0 facility and Staff Instruction*



# RCSD HOCKEY ACADEMY



Sport Psychologists



Flexible Education  
Face to Face, Online

**Guest presenters:** NHL / CIS / WHL / JR  
Coaches, General Managers, Scouts



# HIGH PERFORMANCE

- YOUR REGISTRATION INCLUDES:
  - 30 ICE SESSIONS - 3 ON ICE COACHES INCLUDING GOALIE COACHES
  - EACH SESSION LED BY - SCHULTZ POWER SKATING, ELEVATED HOCKEY DEVELOPMENT, PEAK 2.0 STAFF, PRAIRIE ELITE GOALTENDING
  - INDIVIDUALIZED PROGRAMMING - STRENGTH AND CONDITIONING (SEAN KUSTER)
  - RECOVERY / MOBILITY / PLYOMETRICS INSTRUCTION AND PROGRAMMING (DEANNA WELLS)
  - PEAK 2.0 (SHOOTING LANES AND FITNESS CENTER - WITH SKILL ANALYSIS AND INSTRUCTION)
  - SPORT PSYCHOLOGIST
  - ACCESS TO NHL/WHL COACHES, GENERAL MANAGERS, SCOUTS
  - FROM HOME SCHOOL TRANSPORT
  - RCSD UNDER ARMOUR ACADEMY GEAR PACKAGE
  - COST PER SEMESTER - \$1700 - \$2250.00 (plus taxes and fees) - Dependent on final program offering and timeline of your registration. (earlier you register, the more you save)



# 1<sup>st</sup> Sem - Sample Afternoon High Performance Program

	Monday	Tuesday	Wednesday	Thursday	Friday
12:20 - 12:45	Transport to Cooperators from Home School	Transport to Cooperators from Home School	Transport to Cooperators from Home School	Transport to Cooperators from Home School	Transport to Cooperators from Home School
1:15-2:15 <i>Wellness 10 Or PE 20</i>	PEAK 2.0 Mobility*	Ice Session**	PEAK 2.0 Shooting and Strength and Conditioning***	Ice Session	PEAK 2.0 Shooting and Strength and Conditioning
2:30-3:20	CS 9/10/20	CS 9/10/20	CS 9/10/20	CS 9/10/20	CS 9/10/20

\* Mobility/Plyometrics - Deanna Wells

\*\* Ice sessions - Schultz Power Skating, Elevate, PEAK 2.0 STAFF, Goalie Coach - Max Paddock

\*\*\* Individualized Strength and Conditioning programs developed and adjusted by Shawn Kuster  
Shooting Analysis and Instruction provided by PEAK staff



# 2<sup>nd</sup> Sem - Sample Afternoon High Performance Program 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
12:20 - 12:45	Transport to Cooperators from Home School	Transport to Cooperators from Home School	Transport to Cooperators from Home School	Transport to Cooperators from Home School	Transport to Cooperators from Home School
1:15-2:15 <i>Wellness 10 OR Hockey Skills 10</i>	PEAK 2.0 Mobility & Plyometrics*	Ice Session**	PEAK 2.0 Shooting*** and Strength and Conditioning*	Ice Session	PEAK 2.0 Shooting and Strength and Conditioning
2:30-3:20 <i>TUTORIAL for Online Class Support</i>	Online Course of student's choice	Online Course of student's choice	Online Course of student's choice	Online Course of student's choice	Online Course of student's choice

\*Individualized Strength and Conditioning programs developed by Shawn Kuster and PEAK 2.0 Staff

\*\* Ice sessions - Schultz Power Skating, Elevate, Next Level 2.0, Prairie Elite Goaltending

\*\*\*Shooting Analysis and Instruction provided by PEAK 2.0 staff

For all Programming / Curriculum  
Questions please contact:

**[j.sonntag@rcsd.ca](mailto:j.sonntag@rcsd.ca)**

For all Transportation /  
Registration/ Pricing Questions  
please contact:

**[tanner@goldenticketsports.com](mailto:tanner@goldenticketsports.com)**





# REGINA FOOTBALL ACADEMY



**REGINA  
FOOTBALL  
ACADEMY**



**REGINA  
PUBLIC  
SCHOOLS**



**Regina  
Catholic Schools**

**RMF**

# WHAT IS RFA?

- Is a partnership program between Regina Minor Football, Regina Catholic School Division, and Regina Public School Division.
- Is an integrated high school program designed for motivated student athletes.
- Is a program for student athletes that want to develop their football skills year-round from top-tier football coaches.



Regina  
Catholic Schools



REGINA  
FOOTBALL  
ACADEMY

RMF



REGINA  
PUBLIC  
SCHOOLS

# REGINA FOOTBALL ACADEMY LOGISTICS

Program runs in the second semester  
of the 2026-27 School Year.

Morning Training  
sessions that leave  
your evenings open

Daily transportation from  
training to your school

Day	Focus	Location / Activities
Monday	On-Field Training	Liebel Field & Indoor Training Facilities: technical skill development, strength
Tuesday	Classroom & Academics	Campus Regina Public: academic coursework, football theory
Wednesday	On-Field Training	Liebel Field & Indoor Training Facilities: technical skill development, strength
Thursday	Classroom & Academics	Campus Regina Public: academic coursework, football theory
Friday	On-Field Training	Liebel Field & Indoor Training Facilities: technical skill development, strength

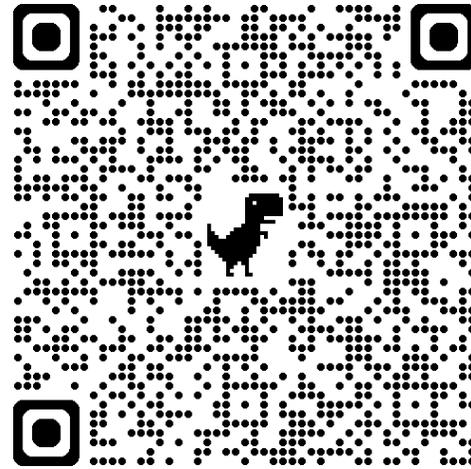
\*\* Students attend in the morning ONLY. They are transported  
by us back to their home schools by lunch.



# ENROLMENT AND INTEREST

## Considerations:

- Student-athlete skill level
- Balanced position groups
- Balanced grade levels
- Representation from high school football programs



Spots are limited to maintain effective coaching ratios and maximize facility effectiveness.

If you have not done so already, please submit an expression of interest.

**Selection process will occur in March**



Regina  
Catholic Schools

# QUESTIONS?

Email Amber @  
[a.favreau@rcsd.ca](mailto:a.favreau@rcsd.ca)



Regina  
Catholic Schools



REGINA  
FOOTBALL  
ACADEMY

RMF



REGINA  
PUBLIC  
SCHOOLS

# Thank You

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See you at LeBoldus  
in the Fall!





**School Tours**

**All Registrations can be  
done via the  
LeBoldus Website**

**Scan the QR Code to get  
to our Registration Form!**

